



The Challenge Faced by Immigrant Farmworkers

Despite Florida supplying America's wintertime tomatoes, Immokalee's farmworkers – the vast majority being immigrants from Guatemala, southern Mexico, and Haiti – struggle with poverty and food insecurity.

According to USDA data, major portions of Immokalee and its environs are classified as a food desert, lacking access to affordable fruits, vegetables, whole grains, low-fat milk, and other foods that make up a full and healthy diet.

The economic and food access challenges of many Immokalee residents are rooted in poor pay, high rent, and America's broken immigration system.

Cultivate Abundance
addresses food insecurity and other
livelihood challenges in low-
income, immigrant farmworker
communities of Southwest Florida
and beyond.

OUR MISSION

Mobilizing appropriate resources to
eliminate hunger and enable small-scale
food production in vulnerable households
and communities.

To learn more and partner
with Cultivate Abundance, visit
CULTIVATEABUNDANCE.ORG



**cultivate
abundance**



Our Response



GROWING FOOD

The Cultivate Abundance team grows nutritious food that reflects the cultural preferences of the Immokalee farmworker community. Our dedicated team is committed to cultivating a wide variety of fresh produce to share in Immokalee.



There are no quick fixes in improving access to nutritious food for immigrant farmworker households, but with *your help*, those who pick our food can enjoy the abundance.



COLLECTING AND SHARING FOOD

We cultivate the involvement of scores of small-scale food-producing partners from across the region who donate culturally preferred nutritious food. Every Friday Cultivate Abundance and our partners share food grown and collected with hundreds of Immokalee residents. It's a weekly celebration of unity and good food.

VOLUNTEER

to help establish and maintain strategic community gardens.



PRESERVING FOOD TRADITIONS, PROMOTING HOME GARDENING

We understand the importance of preserving and celebrating local food traditions. We facilitate frequent training and exchange opportunities related to home gardening and household nutrition. We believe in empowering our community to cultivate their own gardens and make healthy food choices.

SHARE

abundant fruit and other crops from gardens in SW Florida (including church and community gardens) for distribution in Immokalee.

GIVE GENEROUSLY

Cultivate Abundance depends on generous financial support to help bring food security to those who harvest our food.